



Group and Individual Work with Older People: A Practical Guide to Running Successful Activity-based Programmes

By Julie Heathcote

Jessica Kingsley Publishers. Paperback. Condition: New. 192 pages. Dimensions: 8.9in. x 6.0in. x 0.6in. Being active is fundamental to a person's sense of physical and mental wellbeing, and the need to engage in purposeful and meaningful activity does not diminish with age. However, common effects of ageing, such as reduced vision and hearing, arthritis, dementia, and in some cases social isolation, can affect an older person's ability to participate in therapeutic and recreational activities. Introducing the concept of PIE (Planning, Implementation and Evaluation), this practical resource will enable professionals working with older people to initiate and run successful activity-based programmes with their clients, either individually or in groups. The authors guide the reader through the processes of group and individual work, and provide step-by-step instructions for a range of activities, including arts and crafts, music, drama, movement, relaxation, reminiscence, and day-to-day tasks such as taking care of personal hygiene and preparing food and drinks. This book also describes the importance of assessing and evaluating activity-based work, with examples of completed evaluation and assessment forms. Useful case studies and self-reflective activities for the facilitator are included throughout. This book will be an invaluable for occupational therapists, creative arts therapists, health and social...



READ ONLINE
[8.11 MB]

Reviews

If you need to adding benefit, a must buy book. Better then never, though i am quite late in start reading this one. I am effortlessly could possibly get a satisfaction of reading a created pdf.

-- **Trever Von**

These sorts of publication is the perfect pdf accessible. It is filled with wisdom and knowledge You are going to like the way the author write this book.

-- **Sunny Thompson**

Relevant Books



Oxford Reading Tree Read with Biff, Chip and Kipper: Phonics: Level 2: Win a Nut! (Hardback)

Oxford University Press, United Kingdom, 2014. Hardback. Book Condition: New. Mr. Alex Brychta (illustrator). 176 x 148 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It is based on...



Cloverleaf Kids: Kids and adults alike will enjoy these hilarious stories and antics of me, my siblings and our friends growing up in a small town in . over & over and always got a good laugh.

CreateSpace Independent Publishing Platform. PAPERBACK. Book Condition: New. 1482737256 Special order direct from the distributor.



Ninja Adventure Book: Ninja Book for Kids with Comic Illustration: Fart Book: Ninja Skateboard Farts (Perfect Ninja Books for Boys - Chapter Books for Kids Age 8 - 10 with Comic Pictures Audiobook with Book)

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.BONUS - Includes FREE Dog Farts Audio Book for Kids Inside! For a very time limited period you can download...



Oxford Reading Tree Read with Biff, Chip, and Kipper: Phonics: Level 6: Gran's New Blue Shoes (Hardback)

Oxford University Press, United Kingdom, 2011. Hardback. Book Condition: New. 172 x 142 mm. Language: English . Brand New Book. Read With Biff, Chip and Kipper is the UK's best-selling home reading series. It is based on Oxford Reading Tree which...



Abraham Lincoln for Kids: His Life and Times with 21 Activities

Chicago Review Press. Hardback. Book Condition: new. BRAND NEW, Abraham Lincoln for Kids: His Life and Times with 21 Activities, Janis Herbert, 2008 National Parenting Publications Awards (NAPPA) Honors Award winner. Providing a fresh perspective on one of the most beloved presidents...



10 Most Interesting Stories for Children: New Collection of Moral Stories with Pictures

Paperback. Book Condition: New. This item is printed on demand. Item doesn't include CD/DVD.
