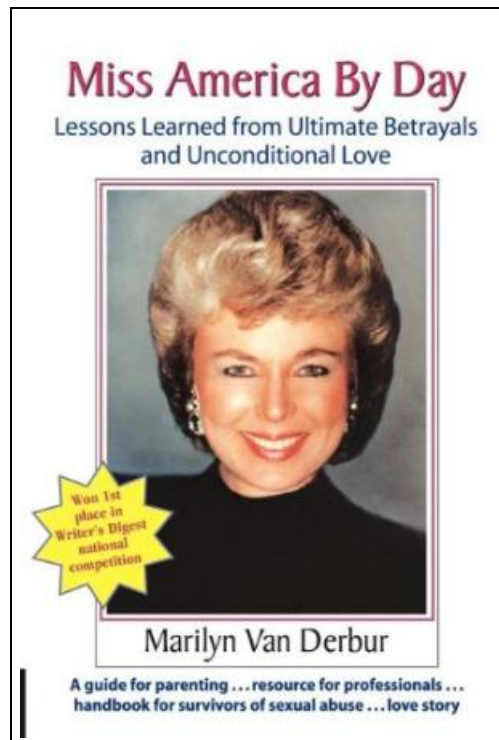


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Oak Hill Ridge Press. Paperback. Condition: New. 546 pages. Dimensions: 9.0in. x 6.0in. x 1.3in. Won the prestigious Writers Digest award. 1, 900 books entered the national competition, Miss America by Day won first place in the Most Inspirational Book category. In this award winning book, former Miss America, Marilyn Van Derbur, describes, in detail, her healing process after 13 years of incest. I wrote the book, not because I want someone to learn more about me but so readers can learn more about themselves. And so that loved ones can better understand the brutal recovery process and never again say, just get over it. The pain ends, I promise . . . IF you do the work of healing. A loving, long-term relationship and grounded well, adjusted children await you. A judge for the Writers Digest book competition wrote: Seldom as a judge have I wanted to read the entire book but I devoured every word of this riveting story. . . Told with stark honesty and vivid details that were so important in ridding herself of the pain, torment and shame. . . Anyone who knew Marilyn Van Derbur as a child and young adult believed she had it all -- a loving family, a beautiful home, an active social life. But beneath the surface, Van Derbur was a troubled young woman who lived through horrific panic attacks and excruciating physical pain every day of her adult life. Starting when she was just a child of five, she was sexually abused by her father until she turned 18. Van Derbur uses the term incested, eschewing the more vanilla terms of molestation or abuse. As a student and young adult, Van Derbur was an overachiever with an unconscious need to stay very busy. She realizes now this was a coping...



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