



## Life s Too Short to Eat Bad Cheese. (Nutritional Life Lessons God Teaches Us)

By Ellie Marrandette

Outskirts Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.God set Adam in a Garden and provided the perfect Master Plan for health. Today, however, people needlessly consume sticks and twigs or drink tasteless protein shakes when God has already given us a perfect dietary plan in Genesis 1:29 and 9:3. Life s Too Short to Eat Bad Cheese (Nutritional Life Lessons God Teaches Us) addresses how God never meant for us to live by complicated, fallacy-laden, restrictive diet plans which clearly reject our Maker s fundamental psychological, physiological and spiritual truths. We would never think of throwing trash in the Holy Temple in Jerusalem, so why do we trash our own temple of the Holy Spirit with so many unhealthy foods? Healthy living is not about denying oneself chocolate, cheese, eggs or any other food while consuming only rice cakes and celery. There is no need to suffer through some restrictive, unappetizing diet plan in the quest to obtain health. Discover true vitality through sensible eating!.



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