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Vegan Instant Pot: Quick, Simple, Delicious and Healthy Plant Based Pressure Cooker Recipes (Paperback)

By Brandon Parker

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Would you like to create quick and delicious Vegan Instant Pot Recipes for your whole family? Would you like to upgrade your life with healthy and nutritious plant based dishes without spending all day cooking? Do you want to easily transition to a vegan plant based diet lifestyle? If yes, then this book might be a perfect choice for you! The Instant Pot Pressure Cooker is one of the best kitchen appliances to use for vegan recipes. If you don't want to spend the next few weeks eating rabbit food, you need a handy vegan-friendly cookbook by your side. Fortunately, this book: Vegan Instant Pot Cookbook: Quick, Simple, Delicious and Healthy Plant Based Pressure Cooker Recipes provides readers with tips and tricks on how to transition from a full or semi-carnivore to a full-pledged, but well-fed vegan. Gone are the days when vegans either ate nothing but fresh salads, or survived (barely!) on processed junk labeled vegan-certified. With this book, any vegan with novice culinary skills can create delicious meals by just pressing a few buttons. This book contains easy-to-follow vegan-safe recipes...



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Reviews

A new electronic book with a new perspective. Better than never, though I am quite late in start reading this one. Your life period will be change the instant you comprehensive looking at this pdf.

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